



# PERFORMANCE PLAZA

21ST CENTURY MEDICAL OFFICE WITHIN A MEDICALLY-  
INTEGRATED SPORTS, PERFORMANCE & REHABILITATION CENTER





# ONE PERFORMANCE PLAZA

Located in the heart of Lake Nona Town Center, One Performance Plaza is a cutting-edge Class “A” medical office tower connected to a destination medically-integrated sports, performance and rehabilitation center.





# “HOW TO BUILD A GREAT AMERICAN CITY.”

- FORTUNE

Lake Nona, located in Orlando, Fla., is a 17-square mile community designed and built from scratch and anchored by clusters of excellence in wellbeing, sports and performance, education and technology. Thoughtfully designed with a long-term vision, this fast-growing, neo-urban community is inspiring institutions, businesses and people to thrive.



LAKE NONA:  
THE EPICENTER  
OF OPPORTUNITY



# BUILT FOR BUSINESS

Lake Nona provides a unique commercial climate where businesses make a lasting impact.

Lake Nona commercial office buildings come standard with Cisco networking gear and the latest in building controls and automation. In addition, all buildings are compliant with Lake Nona's new viral response standards (Covid-19, etc) with enhanced air filtration, circulation and sterilization techniques. Other features include:

- Four macro cell towers within the community with all major carriers represented
- Community-wide 5G connectivity in partnership with Verizon
- On-site data center with battery and generator backups in case of any downtime



## FAST FACTS

- High-quality business environment
- Robust and growing labor market with more than 500,000 college students within a 100-mile radius
- 20-minute drive time population: 718,395
- 16,000 residents and 12,000+ on-site employees and growing
- Median age: 36
- 84% of residents have college degrees
- Located contiguous to Orlando International Airport
- Cisco Iconic Smart + Connected Community
- Gigabit fiber with internet speeds 200x faster than U.S. average
- Housing with multiple price-points and product types
- A rich programming calendar with more than 1,000 community events annually
- A-rated public schools



# CENTRAL FLORIDA & ORLANDO



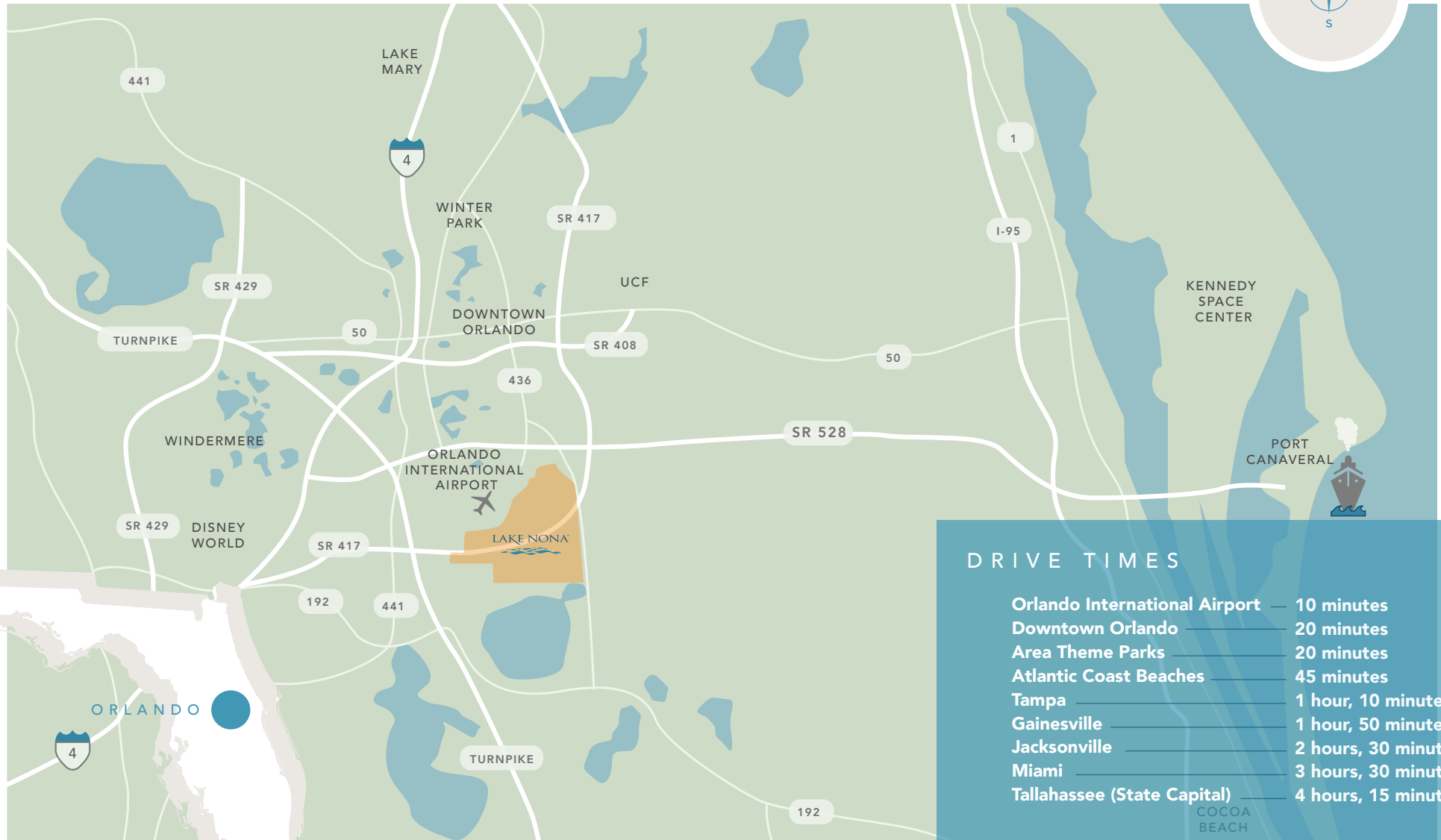
Orlando boasts a vibrant culture and lifestyle with a young, well-educated and diverse workforce of more than 1.2 million people. Central Florida is at, or near, the top of national charts in several demographic and labor-related categories.

- #1 in the country for job growth
- #4 Fastest-Growing U.S. Metro
- 2.6M Population in Orlando MSA
- Median Age: 34.7
- 75M annual visitors per year
- 1,500+ People Per Week Added to the Population
- 8.5M+ Population Within 2 Hour Drive
- Cost of living is 6.3% less expensive than the U.S. average
- Home to hundreds of museums, art galleries, theatres, gardens and community parks
- \$10B+ current transportation infrastructure investments
- 35 colleges, universities, technical schools and private institutions as well as continuing education programs
- University of Central Florida is the #1 university in the nation for largest undergraduate enrollment



# CENTRALLY LOCATED DESTINATION

ALL ROADS LEAD TO THE LAKE NONA AEROTROPOLIS







*"Lake Nona is a vibrant community where there is a commitment to the success and wellbeing of all. The culture is one of innovation and collaboration. We know when we work together to achieve what seems impossible we all succeed."*

**Deborah German, M.D.**

*Vice President for Health Affairs, University of Central Florida, and  
Founding Dean, University of Central Florida College of Medicine*



University of Central  
Florida College of  
Medicine and The Burnett  
School Of Biomedical  
Sciences

# DIRECT PIPELINE OF TALENT

Lake Nona has a culture of collaboration guaranteed to provide excellent learning experiences within a university system.

There are more than 500,000 college students within a 100-mile radius from Lake Nona.





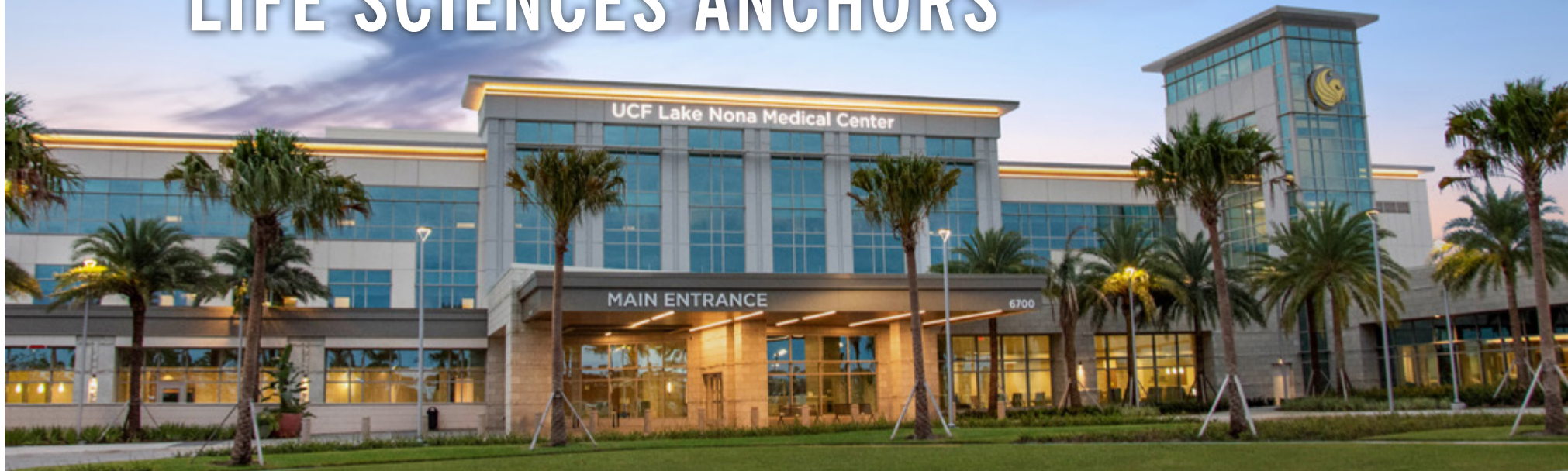


# HEALTH & LIFE SCIENCES ECOSYSTEM

One Performance Plaza is located in the heart of Lake Nona, a globally-recognized cluster of health and life sciences institutions, including the Orlando VA Medical Center, UCF College of Medicine, UCF Lake Nona Medical Center - Adult Teaching Hospital, UF Academic Research Center, Nemours Children's Hospital, GuideWell Innovation Center, and UCF Lake Nona Cancer Center, among others.



# LAKE NONA HEALTH & LIFE SCIENCES ANCHORS







Lake Nona Town Center, the heart of the Lake Nona community and home to One Performance Plaza, serves as a defining regional destination.

# LAKE NONA TOWN CENTER

Lake Nona Town Center will be the region's defining mixed-use experience with six million square feet of premium shopping, dining, entertainment, and Class "A" office. Phase I is open, and includes one million square feet of office, retail, dining, hospitality, hotel and residential, including Boxi Park, Orlando's first container park, a 200-room, dual-branded Courtyard by Marriott and Residence Inn, iconic art installations and more. Town Center's newest addition, the 17-story Lake Nona Wave Hotel, is the region's newest and smartest lifestyle hotel.

Phase II will see Town Center expand to a 100-acre, open-air social setting featuring a mix of local and national shops, eateries, hotels, meeting and conference space and outdoor event venues.



# LAKE NONA TOWN CENTER

Lake Nona's Town Center features a thoughtful collection of office, medical, fitness, retail, restaurant, hotel, and entertainment venues.





# LAKE NONA TOWN CENTER

Disney Regional  
Campus

SR-417

SIMCOM Aviation  
Training

Nemours Childrens  
Hospital

Wave Hotel

Lake Nona  
Town Center

Boxi Park

LandonHouse  
Apartments

ONE  
PERFORMANCE  
PLAZA

Lake Nona  
Performance Club

Tavistock Lakes Blvd.

Pixon Apartments  
& Retail

The Gatherings

Lake Nona Blvd.

UCF College of Medicine  
& Health Sciences  
Campus

Lake Nona  
Physician Offices

University of Central  
Florida Life Sciences  
Campus

Laureate Blvd.

GuideWell Innovation  
Center

UCF Lake Nona  
Cancer Center

University of Florida  
Research & Academic  
Center

Johnson & Johnson  
Human Performance  
Institute

University of Central  
Florida College of  
Medicine

Orlando VA  
Medical Center



# LAKE NONA TOWN CENTER



13495  
VETERANS  
WAY

13410  
VETERANS  
WAY

6820  
MARWICK  
LANE OFFICE

MARRIOTT  
COURTYARD  
& RESIDENCE  
INN LAKE  
NONA

LAKE NONA  
TOWN  
CENTER  
OFFICE II

LAKE NONA  
PERFORMANCE  
CLUB

ONE  
PERFORMANCE  
PLAZA

BOXI PARK AT  
LAKE NONA

LAKE NONA  
WAVE HOTEL

LAKE NONA TOWN  
CENTER OFFICE I

CHROMA MODERN  
BAR + KITCHEN

BOSPHOROUS  
TURKISH CUISINE

PARK PIZZA &  
BREWING COMPANY

LAKE NONA BLVD.

TAVISTOCK LAKES BLVD.

LAKE NONA

BOXI  
PARK



# DYNAMIC & GROWING ECOSYSTEM

Thriving, innovative businesses across all major industries have either partnered with or have already chosen to call Lake Nona home.



# MEETING & EVENTS DESTINATION

One Performance Plaza's ideal location provides a multitude of event and meeting spaces perfect for intimate meetings to large-scale events - all within easy access.



## DESTINATIONS:

### Lake Nona Wave Hotel

- 17-story tower designed by Arquitectonica
- 239 Guest Rooms & Suites
- 5,400± square feet of meeting and event space
- Luxury lifestyle experience powered by thoughtful technology yet grounded in the wellbeing of guests

### Marriott Courtyard & Residence Inn:

- 204 Guest Rooms & Suites
- 1,437± square feet of meeting and event space

### Marriott SpringHill Suites:

- 153 Guest Rooms & Suites
- 1,350± square feet of meeting and event space

### Lake Nona Town Center:

- Indoor/outdoor event space event space to accommodate groups in excess of 5,000







# LAKE NONA WAVE HOTEL

Lake Nona Wave Hotel is a luxurious escape for sophisticated travelers, business professionals, medical tourists and lifestyle-focused guests. The 17-story hotel provides a curated luxury lifestyle experience powered by thoughtful technology yet grounded in the wellbeing of all guests.

The hotel is centered around an active, open-air gathering event park, offering a luxe experience within a vibrant community center. Guests enjoy stylish, seamlessly designed experiences, with engaging spaces for work, recuperation, and relaxation.

Wave Hotel is home to a plush collection of Lake Nona event venues, offering a phenomenal environment for conferences and corporate meetings in Orlando.



# LAKE NONA IS A HEALTH & WELLBEING COMMUNITY

Recognized by the Global Wellness Institute as “the most sophisticated example in the world of what master planning for wellness can accomplish,” Lake Nona is a model for the design of a wellbeing community, and is home to a globally recognized health and life sciences innovation hub.



- Health and wellbeing incorporated into every aspect of Lake Nona's master plan
- Infrastructure, equipment, and services that accommodate and encourage outdoor activity
- Buildings incorporate View Smart Windows that predictively tint in response to outdoor conditions while also offering health benefits for building occupants and the environment
- 40% of Lake Nona reserved for open green space with 44 miles of trails
- Sidewalks connect neighborhoods, pocket parks, and community gardens to bring people together and foster community
- Robust community programming to encourage social connectivity
- Integrated Fitness Facilities in each of Lake Nona's residential communities
- Home to the Lake Nona Institute, which spearheads both the Lake Nona Life Project and the Lake Nona Impact Forum

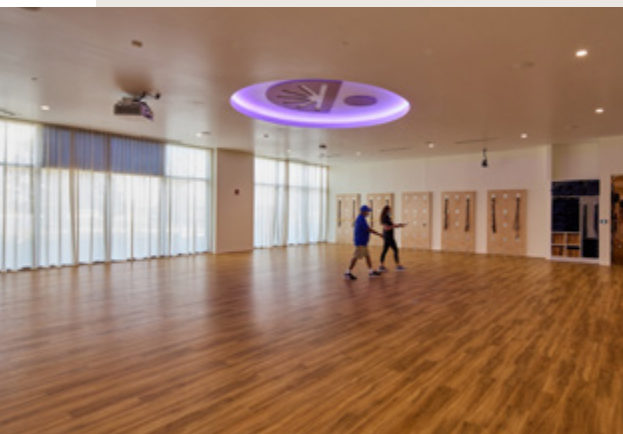


# LAKE NONA PERFORMANCE CLUB

Connected to One Performance Plaza, the 127,000 square-foot Lake Nona Performance Club is a unique blend of state-of-the-art fitness facility, cutting edge wellness programming, and seamless integration of medical professionals all working to help individuals and organizations achieve new levels of health, wellbeing and human performance.







# ONE PERFORMANCE PLAZA TENANT BENEFITS

One Performance Plaza tenants will have the unique opportunity to integrate with Lake Nona Performance Club and utilize exclusive partnership benefits, such as:

- Opportunity to have representation on the Lake Nona Medical Advisory Council (MAC) which provides exposure and collaboration with local Physicians as well as the membership community
- Marketing opportunities to LNPC membership base
- Opportunity to participate in LNPC's yearly Community Clinical Fairs, allowing tenants to directly promote practice among membership base
- Ability to participate in educational opportunities for LNPC and the community
- Employees of each practice will have access to an exclusive preferred membership rate for LNPC
- Ability to refer patients to LNPC, disease specific programs available on request
- Patient referrals from providers will have a significant discount on initial enrollment fee
- Culture of wellbeing with weekly meditations for employees provided by LNPC
- Special fitness, wellbeing and mindfulness events will be exclusively available on a quarterly basis
- LNPC and One Performance Plaza providers can utilize onsite, digital electronic medical records systems, allowing seamless integration and secure access to detailed information on patients' progress programs
- Tenants can reserve meeting and conference space within LNPC
- Opportunity for interdisciplinary rounds with specialties available at LNPC, including physical therapists and nutritionists

# ONE PERFORMANCE PLAZA



## A ONE PERFORMANCE PLAZA

- 152,784± RSF Class A medical office space with upgraded finishes throughout.
- 20,687± to 26,517± RSF floor plates spread amongst six levels.
- Located within Lake Nona Town Center and directly adjacent to Lake Nona Performance Club, several hotels, meeting space, restaurants, shopping and entertainment venues.
- The building is located across from Lake Nona's Medical City, a globally-recognized cluster of health and life sciences institutions, including the Orlando VA Medical Center, UCF College of Medicine, HCA/UCF Adult Teaching Hospital (UCF Lake Nona Hospital), UF Academic Research Center, and GuideWell Innovation Center, among others.

## ONE PERFORMANCE PLAZA

### B LAKE NONA PERFORMANCE CLUB

Connected to the 127,000 square-foot Lake Nona Performance Club, a unique blend of a state-of-the-art fitness facility featuring cutting-edge wellness programming and seamless integration of medical professionals.

### C ONE PERFORMANCE PLAZA RETAIL

One-story, 12,000 SF retail space that will feature a mix of wellbeing and fit-centric tenants and retailers.

### D DNA GARAGE

Six-level parking garage wrapped in custom art provides 1,800+ complimentary parking spaces available to building tenants, patients and visitors.



# BUILT & EQUIPPED FOR THE FUTURE

## VIEW GLASS

The building is wrapped in View Smart Windows, which predictively tint in response to outdoor conditions, eliminating the need for blinds, while also offering health and wellness benefits for building occupants and the environment.

- Patented tinting technology improves a building's energy efficiency by up to 20 percent.
- Allows efficient perimeter space utilization, with 8 – 10% more usable square feet.
- Studies show higher cognitive test results by occupants of View Glass conditions compared with traditional window conditions.



view

## GOLD WIRED CERTIFICATION

The building is designed to be Wired Certified – the first and only international rating platform for digital connectivity and infrastructure within commercial office buildings. Tenants will have access to reliable, best-in-class technology assets, high-speed connectivity and multiple redundancies that are critical for businesses to operate.

Tenants can anticipate the following:

- Resilient and redundant communications systems to prevent internet outages.
- Future-proofed digital infrastructure to keep up with ever-advancing technology needs.
- Access to multiple high-speed fiber optic internet service providers.



- Lake Nona core and shell buildings come standardized with Cisco networking gear
- Commercial buildings in Lake Nona are equipped with the Siemens Desigo platform for building controls and automation, allowing facilities managers to automate, engineer, operate, and manage commercial assets
- All buildings are compliant with Lake Nona's new viral response standards (Covid-19, etc) with enhanced air filtration, circulation and sterilization techniques
- Use of Genetec video/security platform that provides access control and video security throughout the community
- Lake Nona has constructed four macro cell towers within the community with all major carriers represented
- Implementing community-wide 5G connectivity in partnership with Verizon
- Indoor cell signal remediation is implemented in all commercial assets as necessary
- On-site data center has battery and generator backups
- Active partnership with Cisco DNA Spaces platform that provides a real-time look at what's happening at our properties through location analytics, visitor behavior trends and asset monitoring



# CONVENIENT STRUCTURED PARKING

The six-level parking “DNA Garage” is wrapped in custom art and provides 1,800+ parking spaces available to building tenants, patients, and visitors.





## FLOOR LEVEL

### 1st Level

10,100± RSF

### 2nd Level

26,517± RSF

### 3rd Level

26,393± RSF

### 4th Level

26,354± RSF

### 5th Level

26,417± RSF

### 6th Level

26,417± RSF

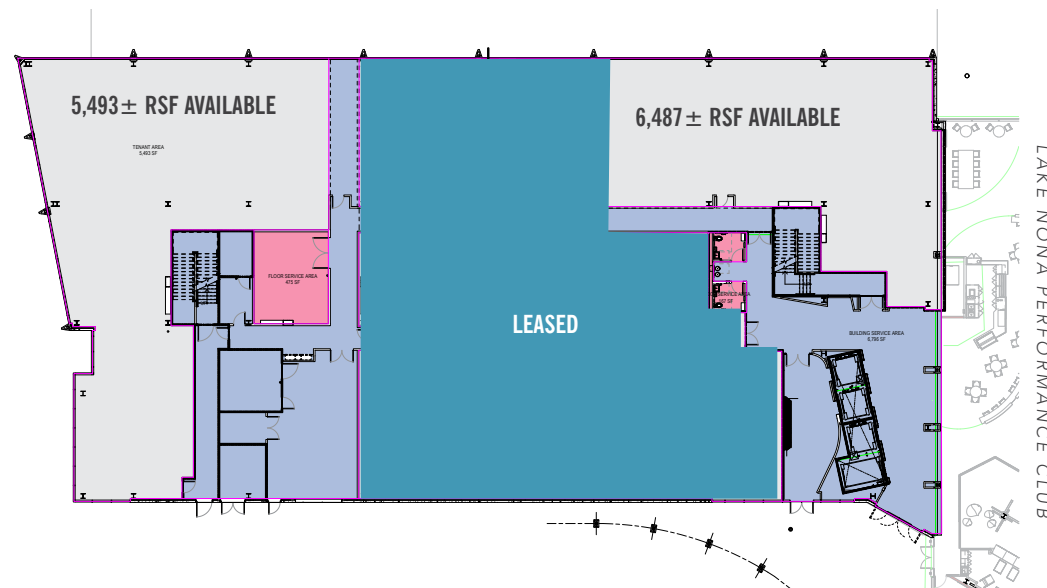
## BUILDING TOTALS

152,784± RSF

# ONE PERFORMANCE PLAZA

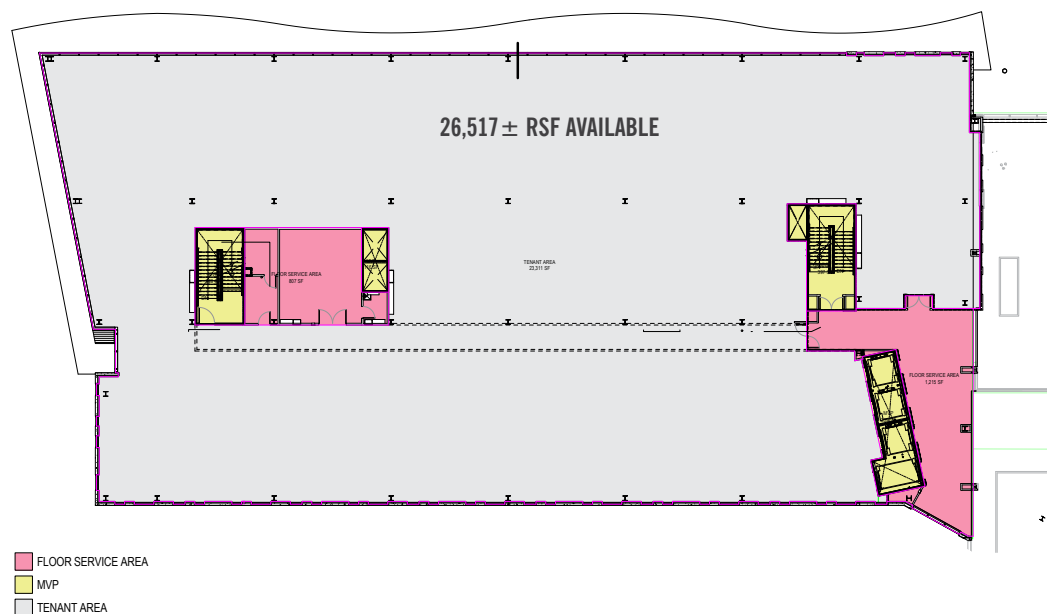
## 1<sup>ST</sup> LEVEL

TOTAL 20,687 ± RSF AVAILABLE



## 2<sup>ND</sup> LEVEL

26,517 ± RSF AVAILABLE



LAKE NONA PERFORMANCE CLUB  
DIRECT ACCESS





## FLOOR LEVEL

### 1st Level

20,687± RSF

### 2nd Level

26,517± RSF

### 3rd Level

26,393± RSF

### 4th Level

26,354± RSF

### 5th Level

26,417± RSF

### 6th Level

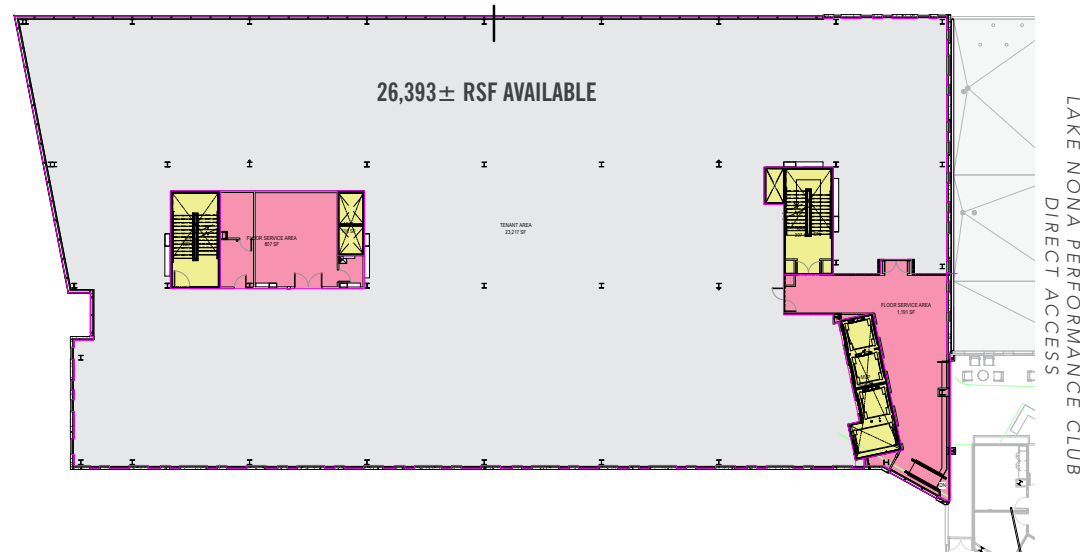
26,417± RSF

## BUILDING TOTALS

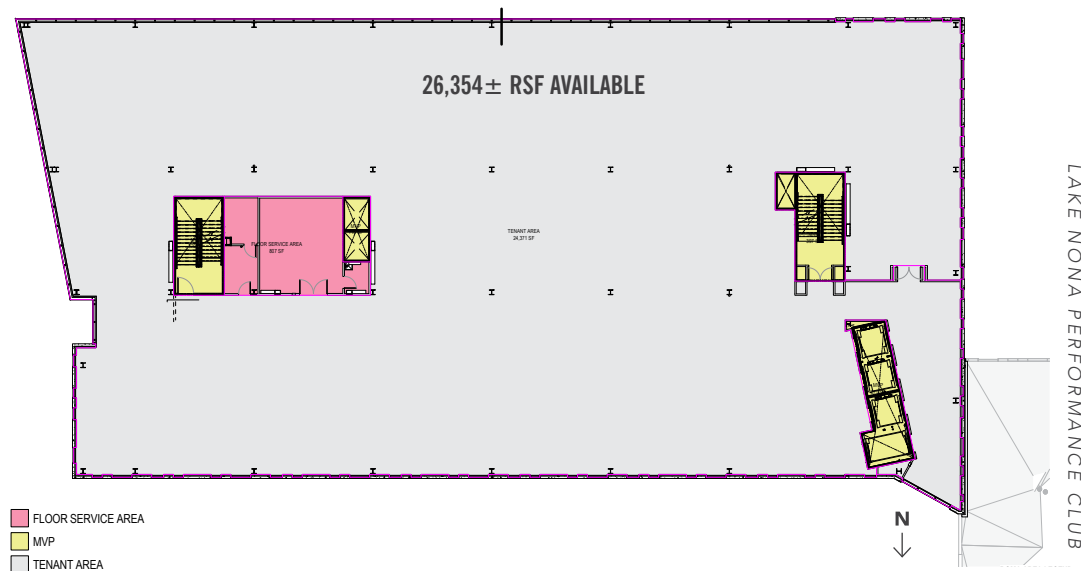
152,784± RSF

# ONE PERFORMANCE PLAZA

## 3<sup>RD</sup> LEVEL



## 4<sup>TH</sup> LEVEL



FLOOR SERVICE AREA  
MVP  
TENANT AREA



## FLOOR LEVEL

### 1st Level

20,687± RSF

### 2nd Level

26,517± RSF

### 3rd Level

26,393± RSF

### 4th Level

26,354± RSF

### 5th Level

26,417± RSF

### 6th Level

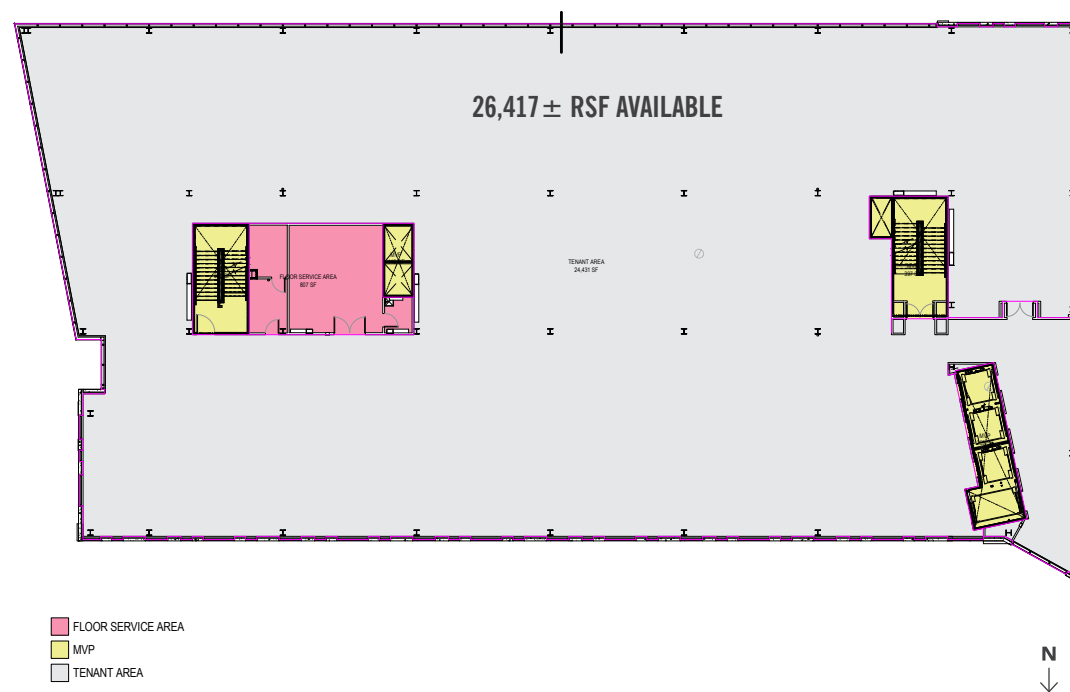
26,417± RSF

## BUILDING TOTALS

152,784± RSF

# ONE PERFORMANCE PLAZA

## 5<sup>TH</sup> & 6<sup>TH</sup> LEVEL







One Performance Plaza Lobby

# ONE PERFORMANCE PLAZA



One Performance  
Plaza Lobby



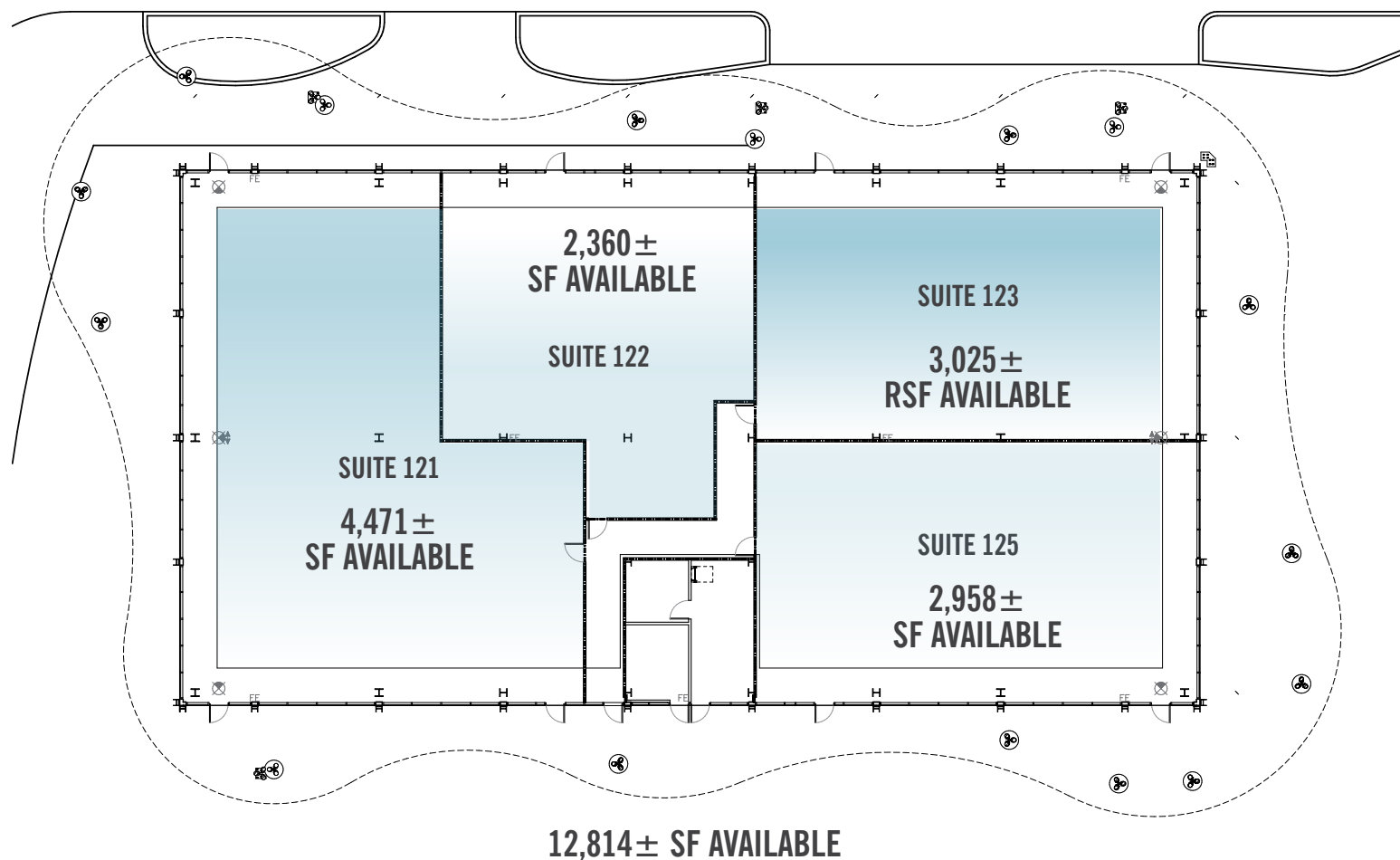
# CURATED RESTAURANT & RETAIL DESTINATION

One Performance Plaza will feature 12,000+ SF of carefully curated restaurant and retail tenants that will complement the Plaza's holistic health and wellbeing mission.



One Performance Plaza retail is part of the larger Lake Nona Town Center that includes a variety of dining, shopping, entertainment, and hospitality amenities within walking distance. Options include Boxi Park, Chroma Modern Bar + Kitchen, Park Pizza Brewing Company, Bosphorous Turkish Cuisine Restaurant, Veg N'Out, Island Fin Poke Co., P. F. Chang's and more.

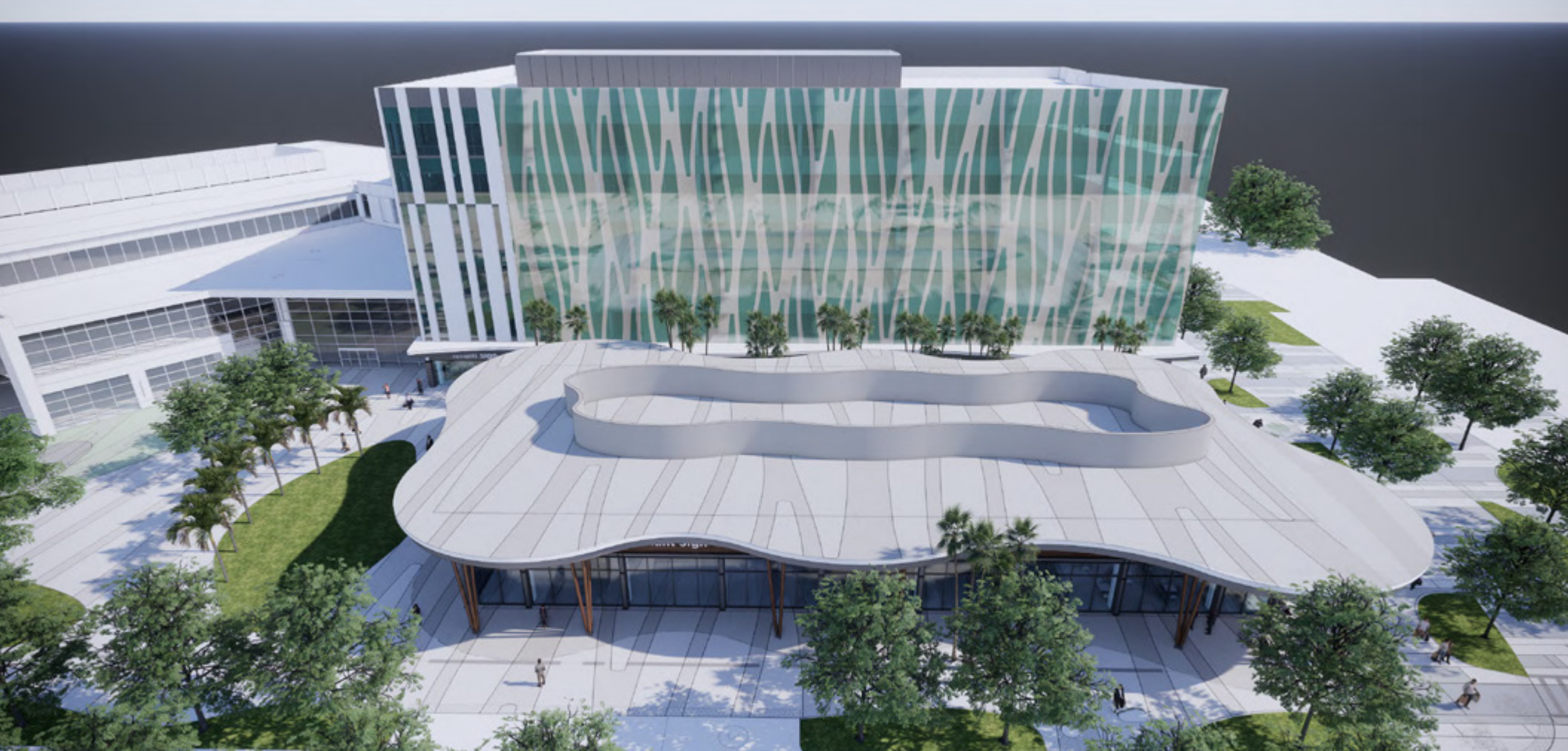
# RETAIL



## ONE PERFORMANCE PLAZA

*Conceptual floor plan. Spaces can be demised according to tenant needs.*









**Ginger Vetter**

*Sr. Director Commercial Sales,  
Leasing & Development*

P: 407.816.6686

C: 407.619.5245

E: [GVetter@Tavistock.com](mailto:GVetter@Tavistock.com)

**Joanne Ling**

*Sr. Director Commercial Sales,  
Leasing & Development*

P: 407.313.1946

C: 407.620.6494

E: [JLing@Tavistock.com](mailto:JLing@Tavistock.com)

